



BATH

QRSE 2024 CONFERENCE HANDBOOK

JULY 30th – August 1st

Pre-conference workshops July 29th

Department for
Health



UNIVERSITY OF
BATH

Centre for
Qualitative Research



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Table of Contents

Welcome to the 9th International QRSE Conference 2024	5
The Organising Committee	6
Student Team	7
General Information	8
Conference Venue	8
The Chancellors' Building	8
Luggage Storage	9
The Chancellors' Building	10
University of Bath Campus Map	11
Map of the University of Bath in Relation to Campus	12
Building Accessibility	12
The Chancellors' Building	12
The Architect (Conference Dinner)	12
University Parade and Claverton Rooms (poster, wine, and canapé event)	13
Moving Around	13
Parking	13
Contact Information	14
The Conference	15
Creating an Enjoyable and Inspiring Conference Environment for All	15
Registration	16
Wifi	16
Tea, Coffees, Lunch	16
Water	17
Dress Code	17
Faith-Based Space	17
Covid-19 Protocol	17
Social Media	18
Social and Activity Programme	19
Monday 29th July (pre-conference workshops)	19
Tuesday 30th July	20
Wednesday 31st July	20
Thursday 1st August	21
Academic Programme	22
Schedule Overview	22
Posters	23
Oral Presentations	23
Sensitive Content Warnings	24

Keynote Speakers..... 26
 Professor Sarah Riley26
 Dr Janelle Joseph.....27
 Dr Anthony Papathomas28
Exploring Bath..... 29



Welcome to the 9th International QRSE Conference 2024

Dear Delegates,

On behalf of the [Department for Health](#) and [The Centre for Qualitative Research](#) at University of Bath, and the [International Society for Qualitative Research in Sport and Exercise](#) (QRSEsoc), we warmly welcome you to the 9th International Conference on Qualitative Research in Sport and Exercise (QRSE2024).

Bath is an historic and vibrant city with a wide range of local histories and sites worth exploring, such as the [Roman Baths](#), [Royal Crescent](#), [Circus](#), [Bath Abbey](#), or [Jane Austen Centre](#), to name a few. The City is also situated within a splendid countryside with an abundance of walks, hikes, or scenic views. The city of Bristol is 12 miles North West with Wales just a bit further. North of the city are the Cotswolds, and South and West of the city there is no shortage of countryside splendour. Access to London is very easy on the train from Bath. While you are here, we hope you are able to explore Bath and its surroundings. If not, then consider a future trip to visit and connect with our Department and Centre. We have a diversity of qualitative researchers that strive to continue bringing qualitative research more centrally into the University while also demonstrating the ways in which qualitative research positively shapes peoples' lives, contributes to health and wellbeing, and highlights and responds to issues of inequity or injustice.

We are very excited about the programme this year, bringing us back together after a hugely successful conference in 2022 hosted by Durham University. We have arranged a series of thought provoking and engaging sessions for you throughout the conference, a presentation from the recipient of the QRSE Early Career Researcher Award, a display of conference posters on the University of Bath campus, and three esteemed keynote presentations from Drs [Sarah Riley](#), [Janelle Joseph](#), and [Anthony Papathomas](#). Our academic programme is accompanied by a memorable social programme, including a wine reception, street food evening, ECR mentor breakfast, and Conference Dinner.

We are grateful for the support provided by the [Department for Health](#) at University of Bath, and of course QRSEsoc, which has helped maximise the accessibility of QRSE2024 by keeping the delegate costs as low as possible. Finally, these important and enlivening events are always organised *in addition to* the regular demands of faculty and staff. They simply would not take place without the commitment and generosity of the organising committee. Thank you for your time, energy, and enthusiasm, especially over the last 12 months. Our appreciation also extends to our team of student helpers, and to Michelle Hicks in Finance, and Sarah Amro and Stephen Schilizzi in Conferences and Events.

We hope you find that QRSE2024 marks another year for the vibrancy of qualitative research in sport, exercise, and health!

Sincerely,

Drs Bryan Clift and Bonnie Pang
QRSE 2024 Conference Co-Chairs

The Organising Committee

The QRSE2024 Conference Committee can be contacted at: QRSE2024@bath.ac.uk



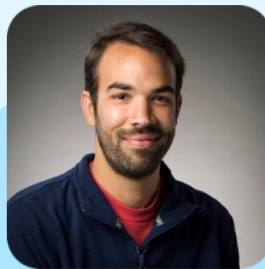
Dr Bryan Clift
Conference Co-Chair



Dr Bonnie Pang
Conference Co-Chair



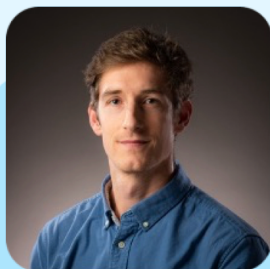
Dr Jessica
Francombe-Webb



Dr Ioannis
Costas-Battle



Dr Stephanie
Merchant



Dr Harry Bowles



Dr Toni Williams

Student Team

Our wonderful student team is comprised of students who are studying within the Faculty of Humanities and Social Sciences at University of Bath. They will be wearing orange lanyards and are here to make your conference experience as enjoyable and stress free as possible. Please speak with them if you need any help or have questions throughout the course of the conference.

Lauren Cleave	Minakshi Dahal	Yanyan Dong
Gemma Knight	Dandan Li	Mercy Martins
Gopika Gopakumar Moothedath	Lewis Youngson	Imene Taibi
Lanfei Wang		



General Information

Conference Venue

The QRSE2024 academic programme will be held in **The Chancellors' Building** on the main campus of the University of Bath. The [campus map](#) below indicates where the building is in relation to the rest of the University. Please follow signs for QRSE2024 located around the campus.

The Conference Dinner (pre-ticketed event) on Tuesday evening the 30th will be held at [The Architect](#) in the centre of the city near the Pulteney Weir (pictured above). The poster, wine and canapé evening event on Wednesday the 31st will be held on the University of Bath campus in the Parade, Claverton Rooms, and around the lake (weather dependent). The Street Food Dinner (pre-ticketed event) will also be held here.

The Chancellors' Building

The Chancellors' Building (campus map location C4) is the main conference hosting and lecture theatre complex on the University's main campus. The Chancellors' Building is situated right next to the bus terminus on the University of Bath campus. Oral presentations, symposia, keynotes, ECR Presentation, and ECR mentor breakfast will be held in The Chancellors' Building. The Poster session will be held in The Parade, Claverton Rooms, and around the lake (weather dependent).

On Level 1 of The Chancellors' Building, the ground floor, the conference opening, keynote, and ECR presentation will be hosted in CB 1.10. All other activities will be spread across multiple rooms.

Here's what you need to know (see floor plans below):

Level 1 (Ground floor)	<ul style="list-style-type: none">● Conference Registration is here!● Routledge book stand● Tea/coffee/lunch stations● Large Lecture Theatres (CB 1.10 and 1.11)● CB 1.11 will also serve as a social space for delegates, and as a luggage storage room on Thursday August 1● Medium Lecture Theatre (CB 1.12)● Water dispenser● Outdoor balcony area with city views● Accessible entrance● Accessible toilets● Lift & staircase access
Level 2 (Second floor)	<ul style="list-style-type: none">● Medium Lecture Theatre (CB 2.6)● Tea/coffee/lunch stations● Non-accessible toilets

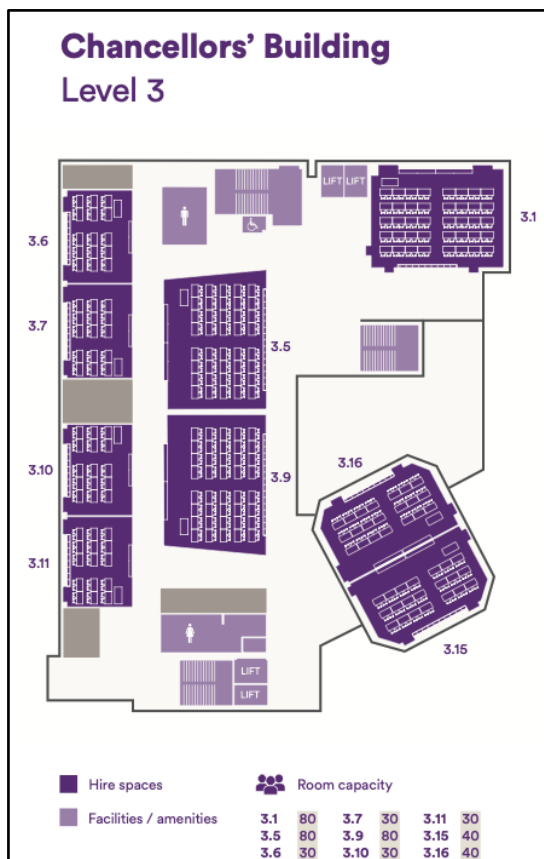
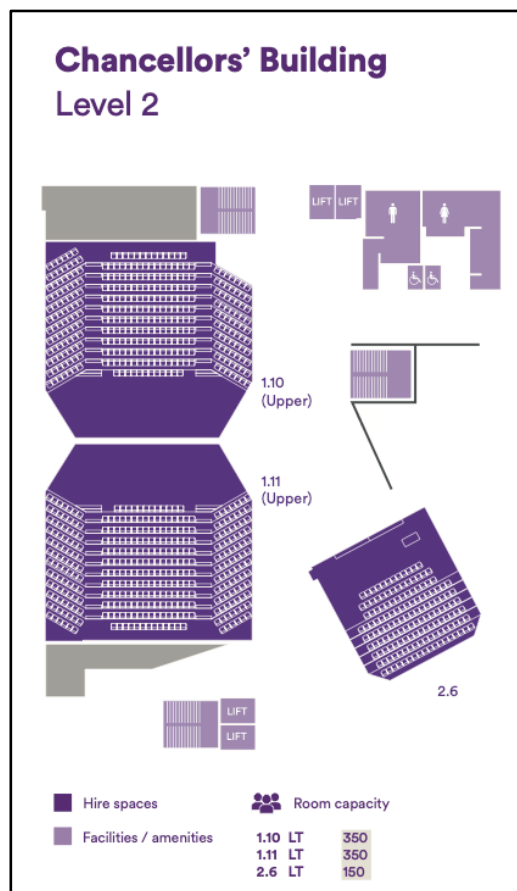
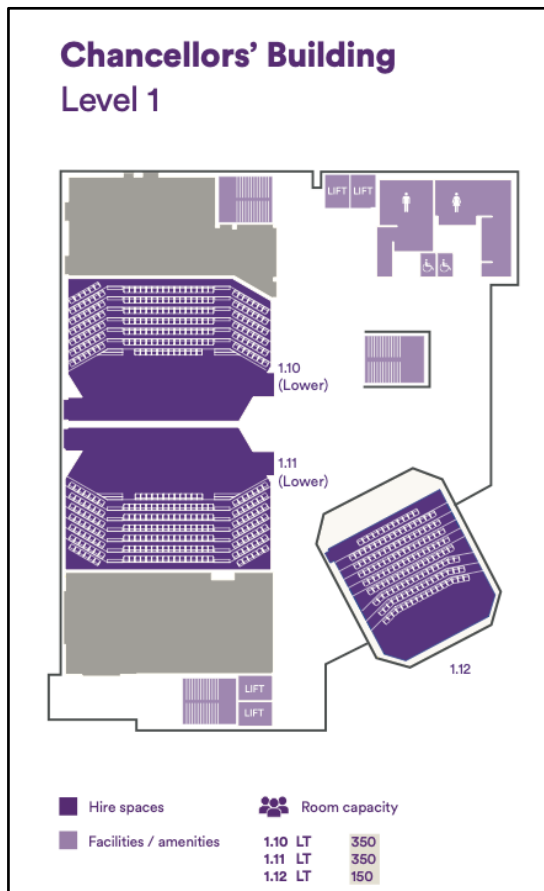
	<ul style="list-style-type: none">• Lift & Staircase access
Level 3 (Third floor)	<ul style="list-style-type: none">• Presentation Rooms (CB 3.1 and 3.15)• Quiet Room (CB 3.16)• Toilets• Lift & staircase access

Luggage Storage

For those that may require it near the end of the conference, luggage can be left in the large lecture theatre, CB 1.11. Please know that we cannot monitor this room constantly, although it is in the heart of the conference so attendees will be consistently nearby or in the room. For those staying on campus, there is no other space to leave luggage after checkout, unfortunately.

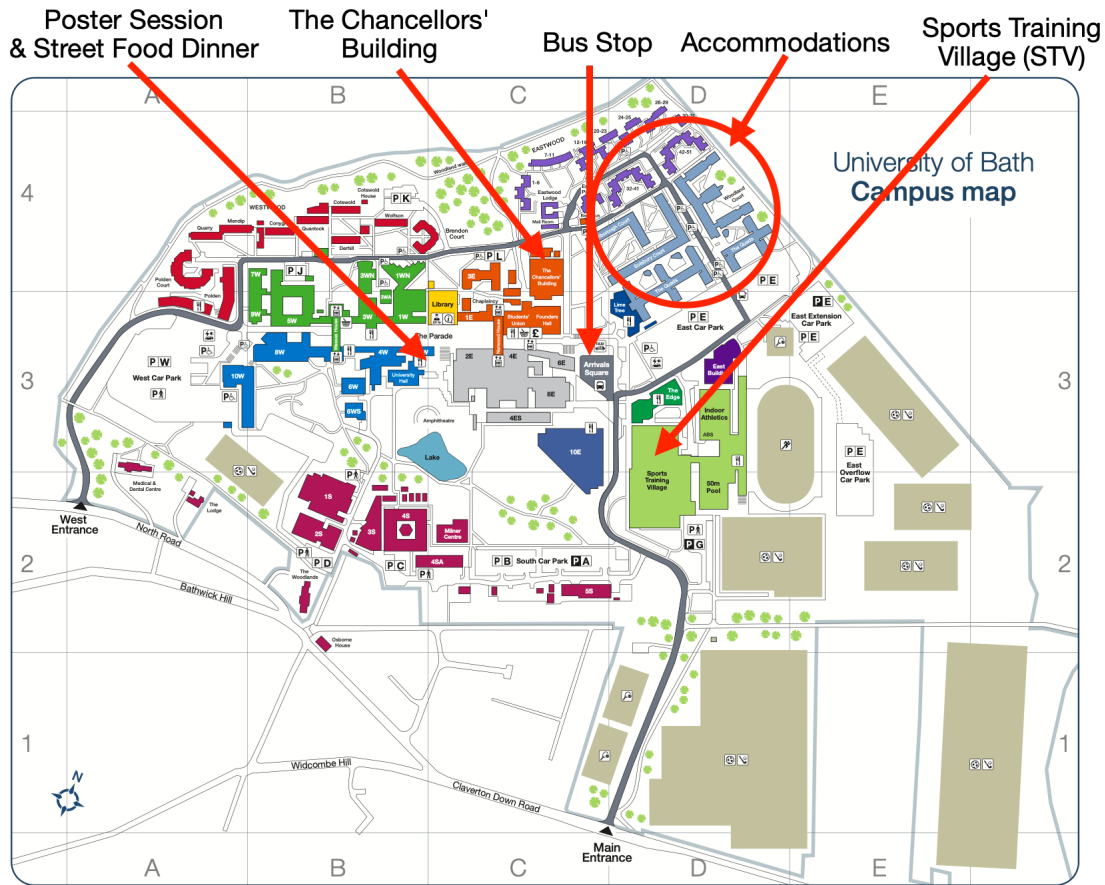


The Chancellors' Building



University of Bath Campus Map

A [PDF version of the map is available here](#)



Key

Building	Grid Ref.	Building	Grid Ref.	Accommodation	Grid Ref.
4 West Café	4 West (4W) B3	The Market	Students' Union (SU) C3	Brendon Court	B4
Applied Biomechanics Suite	ABS D3	Marketing	Wessex House (WH) B3	Eastwood	C4,D4
Architecture & Civil Engineering	6 East (6E), 4 East South (4ES) C3	Mathematical Sciences	4 West (4W), 6 West (6W) B3	Marlborough Court	C4
Bakeaway	3 West (3W) B3	Mechanical Engineering	4 East (4E), 8 East (8E) C3	Norwood House	C3
Bale Haus	BH C4	Medical Centre	A3	Osborne House	B2
Bus Stop	Arrivals Square C3	The Milner Centre for Evolution	A3	Palden	A3
CAFÉ at Polden (Summer vacation only)	Polden A3	Muslim Prayer Room	Norwood House C3	Polden Court	A4
CAFÉ at The Edge (Functions only)	The Edge D3	Natural Sciences	3 South (3S) B2	Solsbury Court	D4
Campus Infrastructure	C.I. C4	Norwood House	C3	The Lodge	A2
Central Stores	5 South (5S) C2	Nursery	Westwood B4	The Quads	D4
Chancellors' Building	C4	Parade	2 West (2W) B3	Westwood	A4, B4
Chaplaincy Centre	CC C3	Physics	8 West (8W) B3	Westwood Court	D4
Chemical Engineering	9 West (9W) B3	Plasma	Students' Union (SU) C3		
Chemistry	1 South (1S), 3 South (3S) B2	Plug Bar	Norwood House C3		
Claverton Rooms	2 West (2W) B3	Politics, Languages & International Studies	1 West North (1WN) B4		
Communications	Wessex House (WH) B3	Post Office (In Fresh Grocery Store)	Wessex House (WH) B3		
Computer Science	1 West (1W), 3 West (3W) B3	Postgraduate Admissions	Wessex House (WH) B3		
Cotswold House	B4	Print Services	8 West (8W) B3		
Dental Centre	A3	Psychology	10 West (10W) A3		
Development & Alumni Relations	2 South (2S) B2	Reception	Library C3		
Doctoral College	10 West (10W) A3	Research & Innovation Services	Wessex House (WH) B3		
East Accommodation Centre	Woodland Court D4	Security	Library C3		
Economics	3 East (3E) C4	Social & Policy Sciences	3 East (3E) C4		
The Edge Arts	The Edge D3	Sports Café	Sports Training Village (STV) D3		
Education	1 West North (1WN) B4	Sports Training Village	Sports Training Village (STV) D3		
Electronic & Electrical Engineering	2 East (2E) C3	Starbucks	Students' Union (SU) C3		
Founders Hall	C3	Student Centre	Students' Union (SU) C3		
Fountain Canteen	2 West (2W) B3	Student Finance	Wessex House (WH) B3		
Fresh Grocery Store	Wessex House (WH) B3	Student Parcel Room	Eastwood Lodge C4		
Goods Received	5 South (5S) C2	Student Support - The Roper Centre	4 West (4W) B3		
Health	1 West (1W) B3	Students' Union	Students' Union (SU) C3		
		Students' Union Offices	Students' Union (SU) C3		
Human Resources	6 West South (6WS) B3	Swimming Pool	Sports Training Village (STV) D2		
International	Wessex House (WH) B3	Taxi Rank	Arrivals Square C3		
IT Help Desk	10 West (10W) A3	The Tub	Students' Union (SU) C3		
Landscape	5 South (5S) C2	Undergraduate Admissions & Outreach	Wessex House (WH) B3		
Library	C3	University Hall	2 West (2W) B3		
Life Sciences	Biological & Biochemistry 4 South (4S) B2	Vice-Chancellor's Office	4 West (4W) B3		
	Pharmacy & Pharmacology 5 West (5W) B3	Wessex House (WH)	B3		
Lime Tree	7 West (7W) B4	West Accommodation Centre	Palden A3		
Mail Room	The Quads D3	The Writing Centre	6 East (6E) C3		
Management (School of)	Eastwood C4				
	10 East (10E) C3				
	The Edge D3				

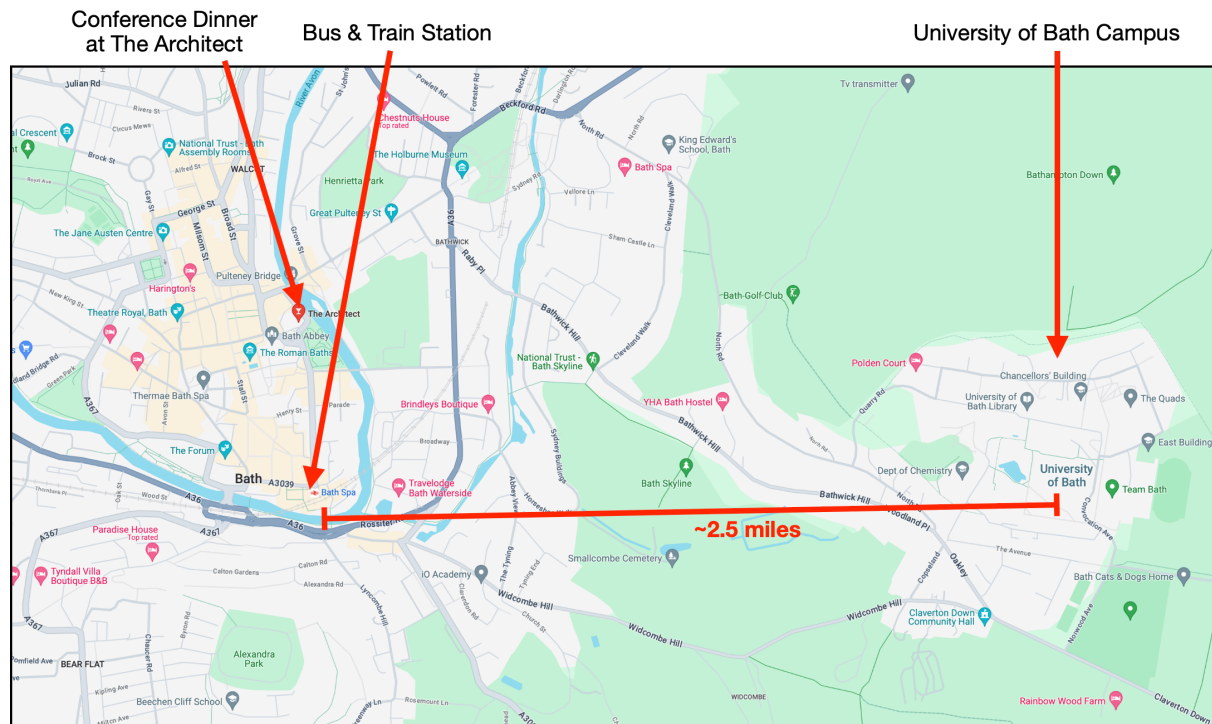
Icon	Label
	Bus stop
	Coach Drop Off Point
	Taxi Rank
	Food & Drink
	Shopping
	ATM
	Lift
	Sports pitches
	Athletics track
	Tennis courts
	24 hour security
	University Reception

The Campus is built around the main Parade which forms a central spine with Norwood House at the east end and Wessex House at the west end. The Library and Learning Centre is the University's central hub and all buildings are identified according to their east-west position in relation to it. Odd numbers in building names indicate that they are located on the northern side of the Parade, on the same side as the Library, and even numbers are on the southern side. The main pedestrian Parade is Level 2.

Please note that all University buildings, the Parade and the underdeck are smoking free areas.

Car Parking
 Visitor car parking - Play & Display; East Extension, A and G. The East car park provides a wheelchair and accessible approach to the Parade and a drop off point by 1WN also provides wheelchair access to the Parade.

Map of the University of Bath in Relation to Campus



Building Accessibility

The Chancellors' Building

Please refer to the [online accessibility guide](#) for details about this building, including route and approach.

The Architect (Conference Dinner)

The Conference Dinner will be held in the centre of Bath at [The Architect](#), directly next to the Pulteney Weir. Specifically, the dinner will be held in the main dining hall. Prior to and after the dinner, some delegates might like to enjoy drinks beforehand or the pubs and bars around town.

The restaurant describes its [disability access](#) as follows: “We have level disabled access to the rear of the building and disabled WC facilities (being a listed building with steep steps prevents us having level access at the front of the building unfortunately). Inside the pub you will find all areas accessible with plenty of space to move and no internal steps with the exception of access to our outside terrace.”

University Parade and Claverton Rooms (poster, wine, and canapé event)

The poster event will be on campus at the University of Bath Parade and Claverton Rooms, which are accessible for wheelchair users. The lake (weather dependent), however, has limited accessibility. Pathways around the lake are accessible with paved walkways; however, the grass area around the lake is uneven terrain.

Moving Around

Approximate walking/wheeling time to/from The Chancellors' Building:

- On-campus accommodations: 5 minutes (walking)
- The Architect: 30-40 minutes (walking)
- Parade and Claverton Rooms: 5 minutes (walking)

If travelling by foot, you might find it easier in comfortable footwear! Bath is a hilly city, and several main streets are cobbled.

[Help for disabled travellers](#) (Bath Council website)

Taxi: [Veezu](#) (Tel. 01225 464646)

Buses: The best option for selecting the most appropriate bus will be to use the Directions feature (adding 'current location' and 'destination') on Google Maps. Bath uses [First Bus](#).

Parking

Parking at the University is limited. Parking passes are available and included with registration. However, parking is subject to availability and cannot be reserved. All delegates will be sent parking passes ahead of the conference should you need to use it. You will need your vehicle registration details to complete a pass. These can be printed and placed inside the vehicle. Spare passes will also be available at registration.

If no spaces are available, there is metered parking around campus. The University of Bath uses [JustPark](#). For those who need or want to pay for parking, they have a [phone application](#) you can download for ease of use.

Accessibility: There are disabled parking spaces in all campus car parks, with the closest to the STV being located in Car Park G in the [South car park](#). There is a ground-level access route directly to reception – please call [01225 386339](#) and our reception staff can direct you. Car Park E in the [East car park](#) is the best alternative car park for wheelchair users.

If you have a Blue Badge, you can use disabled parking spaces free of charge. Staff should display an [Exempt permit](#) and Blue Badge when parked in disabled spaces

Contact Information

- A member of the QRSE2024 team (wearing orange lanyards) will be on, or near to, the Registration desk at all times should you have any questions during the conference.
- Organising committee: QRSE2024@bath.ac.uk
- Conferences and Events phone +44 01225 383411
 - **Note:** The conference phone is for essential issues/emergency only. Please visit the Registration desk for general enquiries
- University accommodations: +44 01225 383411

The Conference

Creating an Enjoyable and Inspiring Conference Environment for All

QRSE 2024 at the University of Bath is an opportunity for us to come together to share our passion and research for qualitative methods, sport and exercise. Whilst this connectivity is wonderful, we also embrace our diversity. We know that our conference delegates are representative of different stages of the career pipeline (from postgraduate students through to professors), have travelled from different countries, bring forward different disciplinary perspectives (e.g., psychology, sociology, coaching, public health etc) and have different needs and ways of engaging with the conference (in-person and virtual). We hope that the conference is a welcoming and enjoyable time *for all*.

To help enable this, we hope that you will join us in:

Allowing *time for all*: Conference timetables are notoriously busy, keeping to time within oral presentations is one way that we can: (a) ensure that each delegate gets an equal opportunity to present and respond to questions, (b) ensure that we are able to enjoy the downtime of coffee breaks, lunches, movement opportunities. So as a presenter, please ensure you arrive in your rooms promptly and, as an audience member, keep any longer questions for the coffee breaks.

Developing *connections*: Conferences are a great opportunity to (re)connect with people, some you may already know, and others you may want to get to know. Through connections we can expand our research horizons, learn together and even work through challenging conversations to enhance the originality and creativity of our work. So please be kind, be respectful and reciprocal when opportunities to connect arise. Around the conference proceedings you will notice opportunities facilitate this connectivity, come join us for runs, walks, movement meetings (more about this to follow). As well as the social activities on the Tuesday and Wednesday evenings.

A conference is not a viva / exam – Conferences are fantastic spaces where we can expand our ideas, hear different perspectives, talk about early ideas. Our questions and conversations can, and should, challenge us. Sometimes this can help us to develop our thinking in new and unexpected ways. Importantly, none of us are here to be publicly interrogated, disrespected, or made to feel stupid for somebody else's pointless pleasure. It's just not cool and that's why this style of "engagement" has no place at a QRSE conference.

Crafting a schedule that suits *you*: The conference proceedings outlined in this handbook are a guide, please use your time here at the University of Bath in ways that suit you. Alongside the oral presentations and additional social activities, we also have opportunities available for you to refresh and seek respite should you need it:

- CB 3.16 has been designated a space for quiet reflection and offers an opportunity for delegates to take a moment to themselves for respite throughout the conference (Mon-Thurs).
- The Chaplaincy at the centre of the campus is both a space, and a team of people, available for people of all faiths, and none. During the conference, delegates are welcome to pop in at any time (until 11pm).
- Lactation spaces are available for anyone who would like to use them. Please contact Jess Francombe-Webb (J.M.Francombe-Webb@bath.ac.uk) in advance of the conference, or during proceedings, and she will ensure access to this space (including power outlets, comfortable seating, a fridge for milk storage) is available.
- We are in the midst of a fantastic summer of international sport, most notably for now, the Olympic and Paralympic Games in Paris. Without wanting to distract too heavily from the oral presentations, we also recognise the benefit of time to unwind and recharge to enhance engagement with the exciting conference programme. As such, there will be live Olympic coverage streamed in CB 1.11 throughout the conference.

Encouraging *comfort not conformity*: Whether it is wearing comfortable shoes to walk or wheel around campus and the city centre or dressing in a way that makes you feel comfortable, we encourage you to do what works for you. There is no specific dress code for QRSE 2024.

Registration

When: Tuesday 30th July, 8:30am onwards

Where: First floor of The Chancellors' Building

What: Sign in. Collect your conference materials. Tea and coffee will be available. We encourage people to use reusable/travel mugs as much as possible.

Note: Coffee shops around campus no longer provide take-away cups for coffee/tea. Only reusable cups provided by buyers or dine-in cups are available.

Note: Registration includes your attendance at the entire academic programme, refreshments, lunch, Tuesday's wine and canapé reception at the Parade/Claverton Rooms (Poster event). If you booked a ticket for the Conference Dinner (Tuesday) or Street Food Dinner (Wednesday), these will be given to you when you collect your name badge from the registration desk.

Wifi

The University of Bath uses Eduroam, so students and staff whose institutions also use Eduroam should connect seamlessly. Guests who do not have Eduroam at their institutions or places of work, and those who may have trouble connecting, can consult Bath's guidance here: [Connecting to Wifi](#).

Tea, Coffees, Lunch

To avoid clustering, teas coffees and lunches will be served on the **ground/1st floor** and **second floor** of The Chancellors' Building. The same refreshments will be served in each location, so please do make the most of both.

Water

A water station with glasses of water will be available, as will water dispensers. To reduce costs and be mindful of environmental impacts we will not have bottled water. To encourage waste reduction, we encouraged attendees to bring re-fillable water bottles.

Dress Code

Conforming to shared dress codes can help people feel that they belong. However, in the same way dress codes can exclude. They can make people feel uncomfortable and out of place, that they don't belong in particular settings and spaces. For this reason, there is no dress code for QRSE2024. Instead, we invite you to dress in a way that *you* feel most comfortable. Dress up, dress down, change outfits throughout the day, or wear the same clothes for the entire conference. What you wear is your call and nobody else's.

Faith-Based Space

The [University Chaplaincy](#) (down the steps to the right of the library) is open every day (8.00 am – 10.00pm). It is space for rest and reflection, and there is a designated quiet corner. The Chaplaincy is both a place and a team of people. We are here for people of all faiths and no faith - all students and staff, to offer counsel, advice or just a listening ear. Feel free to pop in any time. The University Chaplain (Revd Nigel Rawlinson) is resident and can be contacted by email (n.rawlinson@bath.ac.uk).

Covid-19 Protocol

Current [UK Government guidance](#) does not have any COVID-19 restrictions in place.

If you have COVID-19 you should try to stay at home.

You do not need to take a test or quarantine when you arrive in the UK. That said, as a conference committee, we are taking the following steps to reduce the risk of Covid spread:

Mask Wearing:

- For those who prefer to do so, we support mask wearing (ideally FFP2 standard) in indoor spaces.
- We invite Presenters and Session Chairs, to remove their face mask when addressing the group to support accessibility.

Space:

- We are trying to use large, well-ventilated rooms for our parallel sessions (many of you will be presenting in lecture theatres!)
- We will serve (identical!) refreshments and lunches in two separate locations (on the first and second floors of The Chancellors' Building) to minimise congestion and provide greater access to outdoor areas.

Attendance and Participation:

- Although planned first and foremost as an in-person conference, we are supporting a [virtual delegate](#) option for part of the programme. If in-person delegates want, or need, to change their registration to this format, please contact the organising committee (QRSE2024@bath.ac.uk). We will support wherever possible.
- For attendees who decide they would prefer to avoid larger group gatherings, we will refund tickets for the BBQ and / or conference dinner up until midnight on Friday 19th July.
- Finally, while we hope you would not need it, we do have a conference [cancellation policy](#).

Social Media

- **X/Twitter:** @qrse2024. Include #qrse2024

Please state at the beginning of your presentation if there is any part of your presentation that you do not want to be recorded or posted onto social media.

To make images accessible for more people, please [include an image description](#) (ALT TEXT).

Social and Activity Programme

University of Bath Sports Training Village

On campus at the University is our [Sports Training Village](#) (STV). For those wishing to utilize a gym space or exercise classes during their time in Bath, we have secured a special rate for conferences attendees. A 4-day pass can be purchased for £20 that gives access to the gym and fitness classes (normally a class is £10 per class or £35 for the week). Other activities at the STV can be purchased separately (e.g., swimming, tennis, etc.). Those interested in the pass should contact Harriet Hings (sp1hch@bath.ac.uk) to make arrangements.

Monday 29th July (pre-conference workshops)

Informal Dining in Bath

For delegates who are in Bath on Monday, there are many dining options in and around the City Centre. Bath is a relatively small city, and you will come across many of these options as you explore. If there is a particular place where you'd like to eat, we would always recommend booking a table ahead of time to avoid disappointment. It will be peak tourism-time in Bath during QRSE.

Here are some of our favourites:

- [The Raven](#). Pub fare.
- [Marlborough Tavern](#). Modern British pub.
- [Beckford Bottle Shop](#). Small plates and charcuterie.
- [The Elder](#). Modern British.
- [Scallop Shell](#). Fish and chips.
- [Raphael Restaurant](#). French.
- [The Oven](#). Pizza.
- [Pintxo](#). Spanish tapas.
- [COPPA Club](#). Coffee and casual dining.

Guided Move and Meet through the City Centre

Join us for tour of the city. We will be gathering this Monday evening for those that wish to join for a Move and Meet through the City Centre. Afterward, we will head for an informal drink at [The Boater](#).

Start time: 5:30PM

Meeting point: Outside the front of the train station

Pre-Conference Drinks

For those who do not wish to go on the Move and Meet but would like to join us for drinks, please join us at The Boater at 6:45PM. You are welcome to join or make your own arrangements.

Contact the committee via email (QRSE2024@bath.ac.uk) if we can assist you at all and we will do our very best to connect with you!

Tuesday 30th July

Guided Morning Run

For those seeking a run before the conference gets underway, we will have a guided run through Rainbow Wood. The route is approximately 6km to 7km and is designed to be inclusive. The route is flat on largely accessible terrain.

Start time: 7:30AM

Meeting point: Outside the front of The Sports Training Village (STV)

Guided Bath Skyline Walk

Prior to the conference dinner at The Architect (more details below), join us for a walk along the Skyline into the city. The walk will get us into town and at The Architect in time for pre-dinner drinks.

Start time: 5:15PM

Meeting point: Outside of The Chancellors' Building

Conference Dinner – The Architect (6.45pm) [TICKETED]

Our 3-course conference dinner will be held at The Architect in the city centre. This will be an evening to remember, and we look forward to sharing it with you.

Join us for pre-dinner drinks at 6:00pm for a chance to socialise after a busy Tuesday schedule. Dinner will be served inside the main dining Hall at approximately 7:00pm.

Please bring your ticket (and the tickets for those attending with you). If you purchased a ticket, you will receive this when you arrive and register for the conference.

Note: Please help the waiting staff by refraining from walking around the room to speak with people at other tables during the meal.

Following the conference dinner, you can continue to socialise until The Architect closes. There are also multiple bars and pubs around the city for those wishing to socialize further.

Those not attending the Conference Dinner, refer to suggested options for city centre dining above.

Wednesday 31st July

Un-Guided Walks/Runs

For those that wish to go for walks or runs on their own, here are links to two lovely routes in and around the University:

- <https://www.nationaltrust.org.uk/visit/bath-bristol/bath-skyline/bath-skyline-walk>
- <https://www.nationaltrust.org.uk/visit/bath-bristol/bath-skyline/walk-to-the-view-at-bath-skyline>

ECR Mentor Meetup – The Chancellors' Building (8.30am)

ECRs are invited to room 3.1 The Chancellors' Building (CB 3.1) first thing on Wednesday morning for an hour of individual / small group informal conversations with several experienced scholars. This will be a space for exchanging and learning from collective experiences within the room.

There may be a limited capacity for this event beyond those who registered when registering for the conference. Please indicate to the conference team at the registration desk when you arrive at the conference if you would like to attend.

Tea, coffee, and fruit will be served.

Poster, Wine, and Canapé Reception – The Parade and Claverton Rooms (5.30pm) [FREE]

Join us for the poster session with wine and canapés at our Parade bar, the Claverton Rooms, and the lake (weather dependent).

Street Food Dinner – The Parade and Claverton Rooms (6:45pm) [TICKETED]

Following the wine reception, continue your conversations over dinner at the Street Food Dinner. We will have a short break between the poster session and the dinner. Attendees are welcome to stay around to socialize and enjoy the space around the lake (fingers cross on the weather). Bear in mind, though, that the poster session is free and the Street Food Dinner is a ticketed event.

A licenced bar is on site and accepts cash or card payments.

Please bring your ticket, which if you bought one when you registered for the conference, will be in with your name badge.

Those not attending the Street Food Dinner, refer to suggested options for city centre dining above.

Thursday 1st August

Guided Run on the Canal to Warleigh Weir

On our final day of the conference, we will have a longer run. This is a guided run along the Canal Path out to Warleigh Weir. The route is flat on largely accessible terrain. Although longer than the Rainbow Wood run, runners can take it at their own pace. Approximately 2km into the run is The George Pub where some runners may wish to stop and feed the ducks instead of going on to the Weir. This run is also an out-and-back run so you can regroup with folks who turn around at different points.

Start time: 7:00AM

Meeting Point: Outside the front of the Holborn Museum, which is at the end of Great Pulteney Street

Academic Programme

Schedule Overview

	Monday 29 July	Tuesday 30 July	Wednesday 31 July	Thursday 1 August
7:30 AM		Guided run (Rainbow Woods) Approx. 6 to 7km		Guided run (Canal / Warleigh Weir) Approx. 10 to 12km 7AM Start
7:45 AM				
8:00 AM				
8:15 AM				
8:30 AM				
8:45 AM		Registration and coffee	ECR Event: Mentor Breakfast	
9:00 AM				Parallel Session 7
9:15 AM			COFFEE / TEA	
9:30 AM		Conference Opening & QRSE Society Remarks	Parallel Session 4	COFFEE/TEA BREAK
9:45 AM	Pre-Conference Workshops	Keynote 1 Sarah Riley		Keynote 3 Anthony Papathomas
10:00 AM				
10:15 AM			COFFEE/TEA BREAK	
10:30 AM		BREAK	Parallel Session 5	LUNCH
10:45 AM		Parallel Session 1		
11:00 AM			LUNCH	
11:15 AM				Parallel Session 8
11:30 AM			ECR Presentation	
11:45 AM			Parallel Session 2	BREAK
12:00 PM				Parallel Session 9
12:15 PM			COFFEE/TEA BREAK	
12:30 PM				Conference Close
12:45 PM			COFFEE/TEA BREAK	
1:00 PM			Parallel Session 3	QRSE Society Meeting
1:15 PM				
1:30 PM				
1:45 PM				
2:00 PM				
2:15 PM				
2:30 PM				
2:45 PM				
3:00 PM				
3:15 PM				
3:30 PM				
3:45 PM				
4:00 PM				
4:15 PM				
4:30 PM				
4:45 PM				
5:00 PM				
5:15 PM		Bath Skyline walk and talk to The Architect	Posters and Drinks (Lake and Parade Bar)	
5:30 PM	Bath City Centre Move and Meet			
5:45 PM		Pre-Dinner Drinks (The Architect)		
6:00 PM				
6:15 PM				
6:30 PM				
6:45 PM	Informal Drinks (The Boater)	Conference Dinner (The Architect)	Street Food Dinner (Parade Bar & Claverton)	
7:00 PM				
7:15 PM				

Posters

The Poster session will be held on the campus at The Parade and Claverton Rooms. If the weather is kind we will use the space around the lake, too.

Delegates have been invited to consider alternative and more engaging poster designs such as the [Poster 2.0](#) format, which focuses on the most compelling results of their work.

We are holding a Best Poster competition. Our appreciation goes to Routledge Books for sponsoring this competition, and our judges [Dr Anthony Papathomas](#) (Loughborough University) and [Dr Harry Bowles](#) (University of Bath).

Printed posters must be handed in at the conference registration desk by **midday on Wednesday 31st July**. Please ensure they are named on the outside.

Oral Presentations

In-person presenters, please bring your presentation with you on a **pen drive** (we also suggest emailing it to yourself / saving it on a cloud for back-up!) and go to your room **15 mins** before the parallel session begins to upload. There will be someone there to assist you if necessary.

Note: If you are presenting in [Session 1](#) (Tuesday, after the Keynote) please go and upload your presentation when you register.

For [virtual presenters](#), it is likely we will ask you to share your screen. However, please email a copy of your presentation to QRSE2024@bath.ac.uk **24 hours** in advance in case we need it to support the delivery.

Important information about presenting your work

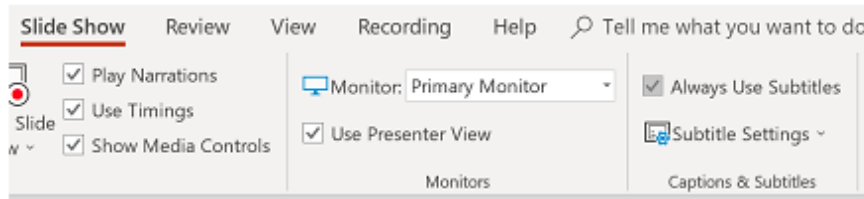
- Standard oral papers have been allocated a **20-minute slot** (15 mins presentation + 5 mins for questions).
- Symposia sessions have been allocated **1hr 20 minutes**. Use this time in the way that works best for the format you have chosen.
- For accessibility, we will be using **live captioning** for Keynote presentations. We also aim to have live captioning with all presentations, although our technology team is unsure if this is possible. Live captioning is more accurate when you speak slowly and deliberately, so please be mindful of this as you plan the timing of your presentation.
- All presenters will be asked to **use a microphone**. Our technical support team will be on hand to help with this.
- Please be respectful of fellow presenters and **keep to time**. Session Chairs will ask that you stop talking if you reach the end of your designated slot and are still going... but it's nicer for everyone if they don't have to!

PowerPoint and Real-time Automatic Closed Captions:

For accessibility, we also ask that every presenter use the captioning feature in PowerPoint for their presentations. Please ensure that you have set-up and enabled real-time automatic closed captions in PowerPoint before starting your presentation.

To set this up, please following these simple steps:

1. On the slide-show ribbon tab, select **Subtitle Settings**



2. In the subtitle settings menu select the position of the captions/subtitles. We recommend **below the bottom of the slide (docked)**.
3. More appearance settings are available by clicking **Subtitle Settings > More Settings**. We recommend the default settings (including white captions on a black background).

Sensitive Content Warnings

Guidance for delegates presenting on sensitive or emotionally challenging topics

If your presentation includes sensitive or emotionally challenging content, it is likely that you included content note information in your abstract submission.

Below is a checklist of further evidence-based¹ actions we recommend taking as a presenter to contribute towards a more psychologically safe conference environment for all.

1. Include the content note information on the first slide (or poster). A shortened version can be included in the corner of the slide/poster. See below for an example.
Topic: Depression
Population: Student-athletes
Method/analysis: 1-1 interviews/Reflexive thematic analysis
Details: Only positive experiences discussed but quotes provided
Why do this? So people can see it before you start and can leave the room if preferred
2. If detailed quotes are included on particularly sensitive or emotionally challenging content, avoid reading this type of quote out loud
Why do this? So attendees have the choice to not read the quote by looking away from the screen

¹ This guidance was created by Dr Mary Quinton (University of Birmingham) based on the findings from research co-designing guidelines for safeguarding researchers' mental health. For more information about the project, visit www.sprintproject.org.

3. Only share details within the remit of the presentation
Why do this? To minimise the risk of secondary trauma for those with lived/living experiences of topics not outlined within the remit of the presentation
4. If involved in a presentation format (e.g., symposium) that includes a panel discussion, include a reminder of what is within the remit for taking questions on
Why do this? To minimise the risk of secondary trauma for those with lived/living experiences of topics not outlined within the remit of the presentation

Signposting information

If delegates experience any distress from attending the conference, there are a number of support resources available.

For immediate support

- Contact the Samaritans on 116 123
- Call NHS mental health services on 111

For non-emergencies

- Visit <https://www.mind.org.uk/information-support/helplines/> for resources and a supportive online community
- Visit <https://www.samaritans.org/how-we-can-help/contact-samaritan/>
- There are also a number of NHS recommended apps for managing wellbeing, such as Headspace
- Remember to also seek support for your University wellbeing services if required on return from the conference

Conferences can be energising and stimulate deep-thinking and new ideas, but we also recognise that they can sometimes be overwhelming for some people too. Remember to take breaks throughout the conference programme if you would find it helpful.

There will also be a designated quiet space, which can be found CB 3.16. Please ask a member of the conference team upon arrival if you require any further information.

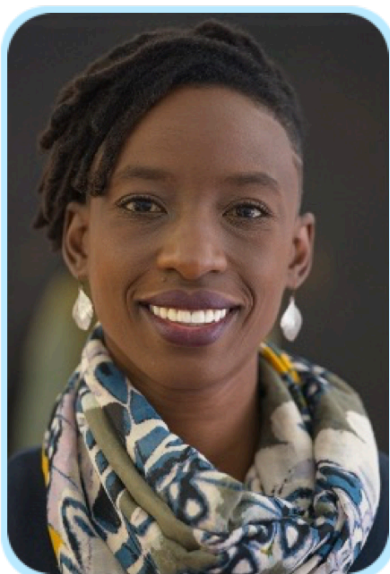
Keynote Speakers



Professor Sarah Riley

School of Psychology, Massey University, New Zealand

[Dr Sarah Riley](#) is a Professor in Critical Health Psychology at Massey University, Aotearoa New Zealand, she is Chair of the International Society for Critical Health Psychology, and formally Chair of the British Psychology Society's qualitative research section. Her award-winning, transdisciplinary work explores how discourse, affect and materiality shape the possibilities for what people can say, think, feel, and do. She has received awards from ESRC, EPSRC, British Academy, Canadian Social Sciences and Research Council, and the New Zealand Royal Society Te Apārangi. Her current projects explore relationships between gender, technology, and bodies; including using cooperative inquiry methods to explore how non-prototypical users of menstrual tracking apps make sense of, and are shaped by, this technology. Her co-authored books include *Critical Bodies* (2008); *Technologies of Sexiness* (2014), *Postfeminism and Health* (2019 2018 - winner of the 2021 British Psychology Society book award), *Postfeminism and Body Image* (2022); and *Digital Feeling* (2023). Sarah is also an editor for the *Feminist Companion in Psychology* Palgrave Series, and the Sage books *Doing Your Qualitative Psychology Project* (2024, 2nd ed), and *Doing Qualitative Research in Psychology* (3rd ed forthcoming). Born in Essex, she has lived and worked in Scotland, England, Wales and Aotearoa New Zealand.



Dr Janelle Joseph

Brock University, Canada

[Dr Janelle Joseph](#) is an Associate Professor with award winning research including three books related to race, sport, and community. Her most recent book is titled *Sport in the Black Atlantic: Cricket, Canada and the Caribbean Diaspora*. She is currently working on two multifaceted ethnographic projects, one on physical cultures in Black communities such as running, vogue, and capoeira, and another on antiracism in high performance sport in Canadian colleges and universities. Dr. Joseph is in the Faculty of Applied Health Sciences, Department of Health Sciences, and Department of Sport Management at Brock University.



Dr Anthony Papathomas

School of Sport, Exercise and Health Sciences, Loughborough University, UK

[Dr Anthony Papathomas](#), PhD., is a Senior Lecturer in Sport and Exercise Psychology within Loughborough University's School of Sport, Exercise, and Health Sciences. Working within an interpretivist paradigm, his research explores athlete mental health experiences with a focus on mental illness. He has published life histories and narrative analyses on a range of clinical conditions, including eating disorders, depression, and borderline personality disorder. Current projects include how mental illness is socially constructed within elite sports institutions; coach and athlete mental illness disclosure experiences; and athlete mental illness within the context of severe menstrual pain. Much of this work assumes a narrative flavour and an interest in *how* life-stories are co-constructed, and the consequences stories hold for who we are, how we feel, and what we do. Anthony's research has been funded by the International Olympic Committee; the English Institute of Sport; the British Academy; and the Economic and Social Research Council among others. He currently serves as Associate Editor for *Psychology of Sport and Exercise* journal and is on the Editorial Board for the journals *Qualitative Research in Sport, Exercise, and Health* and *International Review for Sport and Exercise Psychology*.



Exploring Bath

Bath offers a diversity of activities and attractions that provide wonderful leisure opportunities for delegates (and non-delegates) around or in between Conference activities. Here is a small selection of local attractions that we encourage you to explore in your time in the city!

The Roman Baths

At the heart of the city are The Roman Baths, which is where Bath gets its name. Constructed between 60 and 70AD, the Baths are the reason that a settlement developed in the area, named Aquae Sulis. Tours are available regularly, and right next door is The Pump Room Restaurant if you fancy immersing yourself in Bath's history further.

The Royal Crescent & The Circus

Two of the most inspiring architecture features in Bath are The Royal Crescent and The Circus. Located within a 2 to 3-minute walk from one another, they are regarded as some of the finest examples of Georgian architecture. The Royal Crescent is home to 30 terraced houses oriented in a sweeping crescent, and there is a hotel at the centre with a café. Royal Victoria Park lies just below it. The Circus is a ring of large townhouses with a small park in the centre of the ring.

Bath Abbey

Founded in the 7th century, the Bath Abbey (formally, the Church of Saint Peter and Saint Paul) is a glorious illustration of gothic architecture. The Abbey is famed for its architecture, vaulted ceilings, memorials, stained glass, organs and bells, and angels climbing to heaven via Jacob's Ladder on its front entrance. Entry fee is a requested donation, and a tour requires a fee. The view from the top (via the tour) offers a stunning view of the city and surrounding areas.

Royal Victoria Park

Opened by Princess Victoria in 1830, the park is named after her. Sitting beneath The Royal Crescent the park sprawls across the city and includes a wonderful park for children, botanical gardens, tennis courts and mini-golf, and all with ample room for walks and picnics.

Pulteney Bridge

Set over the River Avon which runs through the city, Pulteney Bridge is celebrating its 250th year this year (built in 1774). Built in the unique Palladian style, the road across the river includes shops on either side. Just underneath is the infamous Pulteney Weir.

Pulteney Weir

Just below the Pulteney Bridge is the Weir. The Weir was built to provide a difference in water height to power mills. Now, it is an iconic water feature of the city next to the Bath rugby ground, Parade Gardens, and the Empire Hotel.

Prior Park

Just outside of the city, and a 20 or so walk, is Prior Park Landscape Garden. Sitting above the city and cascading down, the park is home to another rare Palladian bridge, winding paths, and sweeping views. As a National Trust property, for those that do not have a membership, an entry fee is required (£10.00 for adults and £5.00 for a children).

Canal Walk

On the East side of the city is a lovely canal path that allows for short or extensive walks and runs. Take some time to stroll the path, feed the ducks, and watch the narrow boats go up and down a series of locks.

Bath Skyline

The Bath Skyline is a series of paths that offer a wide-open space that overlooks the entire city. This Iron Age field system offers a diversity of routes, some of which are accessible for wheelchairs or pushchairs (though not all).

Holburne Museum & Sydney Gardens

Located inside Sydney Pleasure Gardens, the Holburne museum was the first public art gallery in the city. A stunning build in of itself, the museum is home to the collection of Sir William Holburne and hosts several visiting exhibitions. A fee of £11 is required for entry. Surrounding the museum is a public park. They are the only remaining “pleasure gardens” from the 18th century, and they also include a play park for children and tennis courts.

Jane Austen Centre

Although Jane Austen had mixed feelings on Bath, it is home to a Tourist Attraction dedicated to her. The small museum chronicles the life of the author and also has a tearoom.

Thermae Bath Spa

If you're looking for prime relaxation and pampering, the Thermae Bath Spa is just what you want. Combining the historic spa with a modern spa, you can relax in the open-air rooftop pool and work your way down through a series of relaxing rooms. A number of packages are available to suit your needs or wants.

Southgate

Southgate is the main shopping promenade right in the heart of Bath. Just opposite the bus and train stations, you can find a number of well-known stores, local purveyor stores and stalls, and several restaurants.

Bath Guildhall Market

The Guildhall is one of the oldest shopping centres in the city. Around 20 stallholders provide a diversity of wares and food worth a stop in. Right near the Bath Abbey, it's a great stop for a pastry, deli sandwich, book, or confectionary.

Coffee Spots

These are some of our favourites:

- Mokoko
- Café au Lait
- Society Café
- The Colombian Company
- Cascara
- Colonna and Smalls

